The Congregation of Abraxas

A Ritual for People Who Hate Ritual

A Didactic Pilgrimage Parish Liturgy

Note: The Abraxas Matins, Vespers, and Compline are examples of “monastic” hours. The Eucharist may be used either as a monastic or “parish” liturgy. This liturgy is not designed for regular use but rather to initiate discussion about parish worship practices. Normally some of the text is chanted and hymns are included. Water may be poured before “Joining.”

Entering

Prelude

Introit (see attachment if provided)

Our Purpose

Leader:
The question on gathering together Sunday morning is — Why are we getting together, anyhow?

1. Is it because we are so afraid of the world that we need to reassure ourselves that we have friends, and even that we are worthy to have friends?

All:
and so we huddle reassuringly together, a lonely crowd?

2. Is it because we make business contacts here, or show our clothes or life-styles, or to exercise power in this here part of the world because we feel powerless in our own personal lives?

All:
and so we disguise our insecurity in the propriety of church membership?

3. Is it because we revolt against some former creed or ritual and cut ourselves off from our former perplexing selves and past?

All:
and so we complain as often as we can of any reminders of those years?

4. Is it because we seek intellectual stimulation, but wish someone else to do the work for us, to make us happy and informed, to make sense out of the chaos of the world?

All:
and so the compartment of Intellect, unattached to Will, gets a fair massage for a few irrelevant minutes?

5. Is it because we want to prove to ourselves and others perhaps that we are genuinely interested in religious growth?

All:
and so if we do not grow, it must be beyond our power, and the fault lies elsewhere?

Leader:
No, our reason for gathering is none of the above; though even if it were, it would be accepted and approved; for we are only human beings, and there is no need to make us feel any worse. We don’t have to be perfect; we account to no One, though we are responsible fields of a larger Process we do not understand but which out of despair we must come to trust.

North:
There are many ways to say what our true purpose is. It is said in unspoken ways, by sharing presence with each other, regardless of surface disputes and restless words. It is said in handshake and smile beyond the friendly flatter.

South:
We are children of the universe, and we have come to play together. We set aside our work, our ordinary rules of behavior, our conventions and expectations of achievement. Sometimes, we just have to sing and dance, unknowing why, but filled with gratitude, even in pain.
Leader:
We gather this hour on pilgrimage.

North:
The earth spins through the sky,
going we know not where.
So this hour we enter mystery, unsure of what’s ahead.

South:
This is our adventure, uncertain of the ending,
extcept we know we want out of here by 12 noon sharp!

Leader:
This is kairos: we enter eternity;
but we will return to ordinary time in time for lunch.

North:
As a silly, stupid gesture,
but because we make up this play as we go along
(as, sometimes unknowing,
we play out our lives as we go along),
we now remove our shoes,
to make our pilgrimage on holy ground.

[Sall pause as individuals remove their shoes and place
them under their chairs or nearby, until the end of the
service when they will be put on again.]

South:
As a silly, stupid gesture,
but because we make up this play as we go along
(as, sometimes unknowing,
we play out our lives as we go along),
we now light incense,
to attract the attention of the gods;
or if there be no gods,
at least to remind ourselves
that we are children of the universe playing together.

[The congregation pauses as the Leader lights
the incense.]

All:
As a silly, stupid gesture,
but because there is nothing else to do
at a time like this,
we pass from one another a flame,
match to match, until the flaming chalice is lit,
recalling pilgrimages of the past
which provide us a pilgrimage chance we take today.

[The congregation pauses. The Leader strikes a match
and lights a member’s who then lights another’s, until
the last member’s match is lit, to light the flaming chalice. After your match has passed on the flame to another,

All:
Yes, yes, we hear the bell.
Another gimmick, another toy.
But our secular lives are made of gimmicks and toys
we take too seriously.
We fight over them, and nations war.
We let the sacred bell mean to us:
it is all a game, so let us not harm each other.

6. Our purpose this morning is to worship,
in depths to consider those things of worth.
We consider them by adventure;
we unite on religious pilgrimage.

7. The irony of our purpose is this:
in a religious journey,
if we already know what we are looking for,
and rush to find it,
we miss the pleasure of roadside conversation
and the discovery of the unexpected,
which can change our lives —
which is why openness is dangerous —

9. Far safer to get what you’re after and get back
than to join with crazy Unitarian Universalists,
uncertain of the path;

All:
Thus the silly shoes, the blatant bell,
the irritating incense, the fearsome flame,
may reveal deep things:
In order to be truly open to what is on the path,
in order not to be unduly influenced
by expectation and advance guess:
The highest purpose is to have no purpose at all.

Leader:
Such is a religious pilgrimage; such is our worship —
The highest purpose is to have no purpose at all.

Joining

Preface

10. ACT TWO of our worship is peculiar.
We have acknowledged that we gather for no purpose,
so beholding the universe and history
as our parent and child,
that we may see what is, rather than what we expect to see.
11. The peculiarity is that to cleanse the doors of perception, we need one another's healing, and so a purpose emerges after all.

12. Our pilgrimage this hour is together, even though we must often walk alone.

13. We gather strength from one another; even as strangers, we discover who we are in deeper ways.

14. We sometimes fall and are bruised; we sometimes stumble into the chasm.

15. Therefore in this ACT, we renounce our agendas to be open to a companionable adventure.

CONFESSION

Leader and All:

Our cleverness can destroy the earth.  
Life, have mercy!  
Our cleverness can destroy all life.  
Life, have mercy!  
Life anoints us with many gifts.  
Life, have mercy!  
Let us each be merciful to all.  
May we each be merciful to life.

THE MYTH

a story displaying the structure of sacred reality

OUR QUESTIONS

16. In our time who shall affirm their unity with all life?

Those who have put aside their unwarranted sense of failure.

17. Who shall affirm their unity with all peoples everywhere?

Those who have made peace with their neighbors.

18. Who shall enter the presence of the Wholesome?

Those who have abandoned self-importance and opened the gates of communication.

Leader:
Let us stand and join our words together to acknowledge and resolve the world's right and rift:

OUR LIMITS

We who stand in the presence of holiness admit to ourselves and to each other — that sometimes our joy is so great we lose self-awareness and become one with the flow around us; that our love is so expansive we accept with gratitude all that is, and practice compassion without limit; that as a result we and others have lived fully and with faith;

We also admit to ourselves and each other — that sometimes we have allowed ourselves to be distracted, losing sight of our center, that we have done things we ought not to have done, and left undone things we ought to have done; that as a result we and others have suffered brokenness.

OUR REACH

19. We ask now from ourselves and each other
20. that our eyes be reopened to the wholesome vision,
21. that our ears be made keen to the music of the spheres,
22. that our hands be strong and graceful doing justice,
23. that our hearts beat the rhythm of the awakening world,
24. as we give thanks for this holy Day of Creation.

OUR PEACE

All:

We who acknowledge our whole selves affirm our common humanity by giving and receiving peace.

[The people may move from their places to exchange greetings by clasp of hand, short conversation or embrace. At the bell, all return to their places.]

GREETINGS and ANNOUNCEMENTS
OFFERTORY

SENTENCE

25. With these gifts to each other we say to each other:
26. we share the responsibilities of freedom,
the uncertainties of democracy,
27. the acceptance of a sundry fellowship in pilgrimage,
28. a confidence in the vindication of the honest search,
29. and a faith in the redemption of genuine love —
30. thus we make ourselves a free congregation.

Venturing

SERMON or ACTIVITY

DISCUSSION as time permits

DECLARATION OF LIFE’S GOODNESS

North:
Together we make a joyful noise
in the gallery of the abyss!

South:
We enter the wilds of life with singing!

North:
We know that friendships are divine,
that we constitute each other.

South:
We trust the pilgrimage that gives us being for a while

North:
And relax in its ultimate motion.

South:
With thanksgiving laughter we sing
the joke of our existence —

North:
For life is good, our estate is sacred,
and love endures forever.

South:
The ease we praise and shake unites us all.

Re-turning

RE-SHOEING

Leader:
Chrons appears: it is time for coffee.

All:
We return the shoes to our feet
and identities to our selves.
Our feet carry us apart for a week
in separate journeys.

[The congregation pauses as members put on their shoes.
At the bell:]
We extinguish the flame, soon silence the bell,
and let the sacred odor vanish, as we depart.

QUATRAIN

(T S Eliot)

We shall not cease from exploration
And the end of all our exploring
Will be to arrive where we started
And know the place for the first time.

ASCRITION

(Finnlandia — Curtis-Barnet)

The world is One; its name is also Many;
Now is Eternal; here, Infinity.
I am born free! an ever-changing river
Is what I am -- and neighbor, so are you.
We have the power, thru laughter, love and tears
To face all fears, and live forever free.

BENEDICTION such as
<From wonder to wonder existence opens.>

POSTLUDE and

COFFEE HOUR

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